

Edit a private exercise

Update the title and summary of a private exercise that you own.

1

Open the exercise

Where you are: The private exercise is in your exercise library.

What to do: Open the exercise details.

The screenshot displays the 'Exercises' section of the PhysioWorkplace Clinical workspace. The left sidebar contains navigation links: Dashboard, Patients, Programs, Exercises (highlighted), and My favourites. The main content area is titled 'Library' and 'Find an exercise or create your own'. It includes a search bar with the placeholder 'Search title, tags, body regions, or instructions' and a '+ Add exercise' button. Below the search bar are navigation arrows, a '+ Add filter' button, and a 'Clear filters' button. The results section shows '14 results' and displays four exercise cards. The first card, 'Wall-supported balance', is marked as 'Private' and has a red circle with the number '1' next to its thumbnail. The other three cards are 'Public': 'Sit-to-stand', 'Single-leg balance', and 'Shoulder wall slide'. Each card includes a thumbnail image, the exercise name, its privacy status, a brief description, and a list of body regions (e.g., Hip, Knee, Thigh) for the 'Sit-to-stand' exercise.

Complete when: The exercise editor opens.

2

Update the content

Where you are: The exercise editor is open.

What to do: Change the title and summary.

The screenshot displays the PhysioWorkplace Clinical workspace interface. On the left is a sidebar with navigation links: Dashboard, Patients, Programs, Exercises (highlighted), and My favourites. The main area is titled 'Exercises' and 'Meadow Arc Rehab'. It features a search bar and a list of 14 results. The first result, 'Supported wall balance', is selected and its details are shown in the right-hand editor panel. The editor panel includes a title field (highlighted with a red box and a red circle containing the number 2), a description field, a 'Tags and body regions' section with a '+ Tag' button, an 'Execution variants' section with a 'Standard' variant selected and a '+ Add pose' button, a 'Tips' section, and a 'Contribute to PhysioWorkplace' section with a 'Status: Draft' button and a text prompt: 'Would you like this exercise to become part of the PhysioWorkplace library? Submit it to us for review. Your private version and personal adaptations are'.

Complete when: The new details appear in the editor and autosave.

3

Close the editor

Where you are: The changes have autosaved.

What to do: Select Close exercise detail.

The screenshot displays the PhysioWorkplace Clinical workspace interface. On the left is a sidebar with navigation options: Dashboard, Patients, Programs, Exercises (selected), and My favourites. The main area is titled 'Exercises' and 'Meadow Arc Rehab'. It shows a search bar and 14 results. Two exercise cards are visible: 'Supported wall balance' (Private) and 'Single-leg balance' (Public). The 'Supported wall balance' card is selected, and its details are shown on the right. The details include a description, a 'Tags and body regions' section with a '+ Tag' button, an 'Execution variants' section with a 'Standard' variant and a '+ Add pose' button, and a 'Contribute to PhysioWorkplace' section with a 'Status: Draft' button. A red circle with the number 3 highlights the 'Close exercise detail' button in the top right corner of the editor.

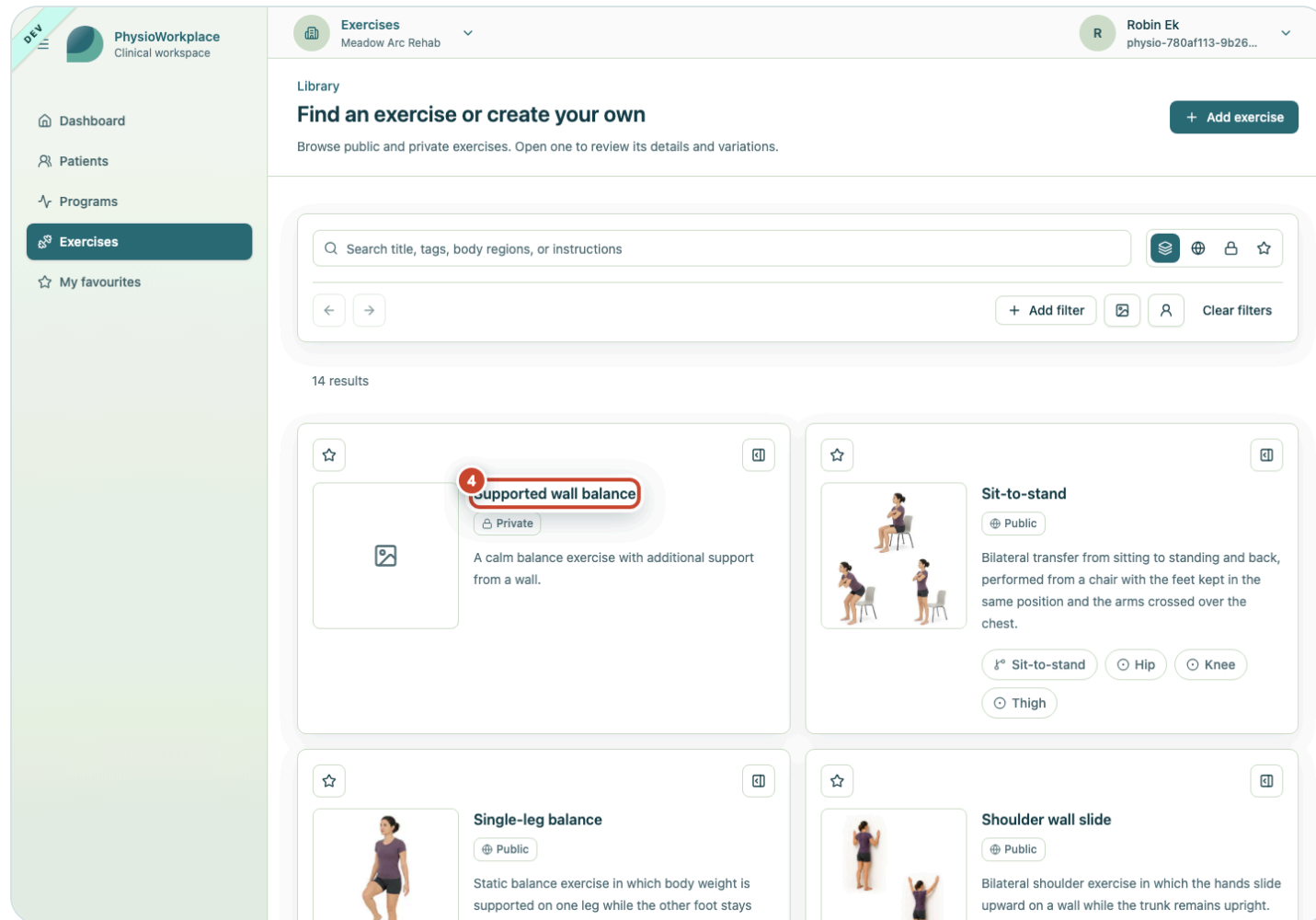
Complete when: You return to the exercise library.

4

Check the update

Where you are: The exercise library is visible again.

What to do: Find the exercise under its new title.



Complete when: The updated private exercise appears in the library.