

Find and favourite a programme template

Find a reusable programme template and save it among your favourites.

1

Search for the programme

Where you are: The programme library is open.

What to do: Enter the programme title in the search field.

The screenshot displays the PhysioWorkplace Clinical workspace interface. On the left is a sidebar with navigation options: Dashboard, Patients, Programs (highlighted), Exercises, and My favourites. The main content area is titled 'Programs' and 'Meadow Arc Rehab'. It features a search bar with the text 'Knee osteoarthritis – foundation programme' and a red circle with the number '1' indicating the search input. Below the search bar, there are filters for 'Knee osteoarthritis – foundation programme' and 'Knee'. The search results show two programs: 'Office work – movement break' and 'Knee osteoarthritis – foundation programme'. Each program card includes a star icon, a public/private status, the number of exercises, a description, and a list of tags (e.g., Workplace, Movement break, Mobility, Strength, Neck, Upper back, Shoulder for the first program; Osteoarthritis, Strength, Function, Balance, Knee, Hip, Ankle for the second).

Complete when: Matching programmes appear in the results.

2

Add to favourites

Where you are: The searched programme template is shown.

What to do: Select the star on the programme card.

The screenshot shows the PhysioWorkplace Clinical workspace interface. The left sidebar contains navigation links: Dashboard, Patients, Programs (highlighted), Exercises, and My favourites. The main content area is titled 'Programs' and shows a search for 'Knee osteoarthritis – foundation programme'. The search results list two programs. The first program is 'Office work – movement break' with 6 exercises. The second program is 'Knee osteoarthritis – foundation programme' with 6 exercises. A red box with a '2' in a red circle highlights the star icon on the second program card, indicating the action to be taken.

Complete when: The programme is added to your favourites.

3

Show favourite programmes

Where you are: The programme is marked as a favourite.

What to do: Select the Favourites filter.

The screenshot displays the PhysioWorkplace Clinical workspace interface. On the left, a sidebar contains navigation links: Dashboard, Patients, Programs (highlighted), Exercises, and My favourites. The main content area is titled 'Programs' and shows a search for 'Knee osteoarthritis – foundation programme'. Below the search bar, there are two program cards. The first card is 'Office work – movement break' and the second card is 'Knee osteoarthritis – foundation programme', which is marked as a favourite with a star icon. The interface also includes a 'New program' button and a 'Favourites' filter icon with a red notification bubble showing the number 3.

Complete when: The results show only favourite programmes.

4

Check the favourite

Where you are: The favourites filter is active.

What to do: Check that the programme template remains in the list.

The screenshot shows the PhysioWorkplace Clinical workspace interface. On the left is a sidebar with navigation links: Dashboard, Patients, Programs (highlighted), Exercises, and My favourites. The main content area is titled 'Programs' and 'Meadow Arc Rehab'. It features a search bar with the text 'Knee osteoarthritis – foundation programme' and a 'New program' button. Below the search bar, there are filters for 'Favourites' (active), 'Knee osteoarthritis – foundation programme', and 'Knee'. A red box highlights the 'Knee osteoarthritis – foundation programme' entry, which is also marked with a red circle containing the number 4. The entry shows a star icon, a public status, 6 exercises, and a description: 'A review proposal combining knee and hip strength, sit-to-stand, calf strength and balance, to be selected and adapted by the physiotherapist before use. This is a programme template that your physiotherapist must review and adapt before it is used. The exercise selection, order, amount...'. At the bottom of the entry are tags for Osteoarthritis, Strength, Function, Balance, Knee, Hip, and Ankle.

Complete when: The favourite programme template is shown.