

# Assign images to exercise poses

Add poses and select a separate image for each part of the execution.

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1

## Open the exercise

**Where you are:** Your own exercise with uploaded images is shown in the library.

**What to do:** Open the exercise details.

The screenshot shows the 'Exercises' section of the PhysioWorkplace Clinical workspace. The left sidebar contains navigation links: Dashboard, Patients, Programs, Exercises (highlighted), and My favourites. The main content area is titled 'Library' and 'Find an exercise or create your own'. It includes a search bar with the placeholder 'Search title, tags, body regions, or instructions' and a '+ Add exercise' button. Below the search bar are navigation arrows, a '+ Add filter' button, and a 'Clear filters' button. The results section shows '14 results' and displays four exercise cards. The first card, 'Wall-supported balance', is marked with a red '1' and a 'Private' tag. The other three cards are 'Sit-to-stand' (Public), 'Single-leg balance' (Public), and 'Shoulder wall slide' (Public). Each card features an illustration of the exercise, a star icon for favorites, and a 'Public' or 'Private' tag. The 'Sit-to-stand' card also includes a list of body regions: Sit-to-stand, Hip, Knee, and Thigh.

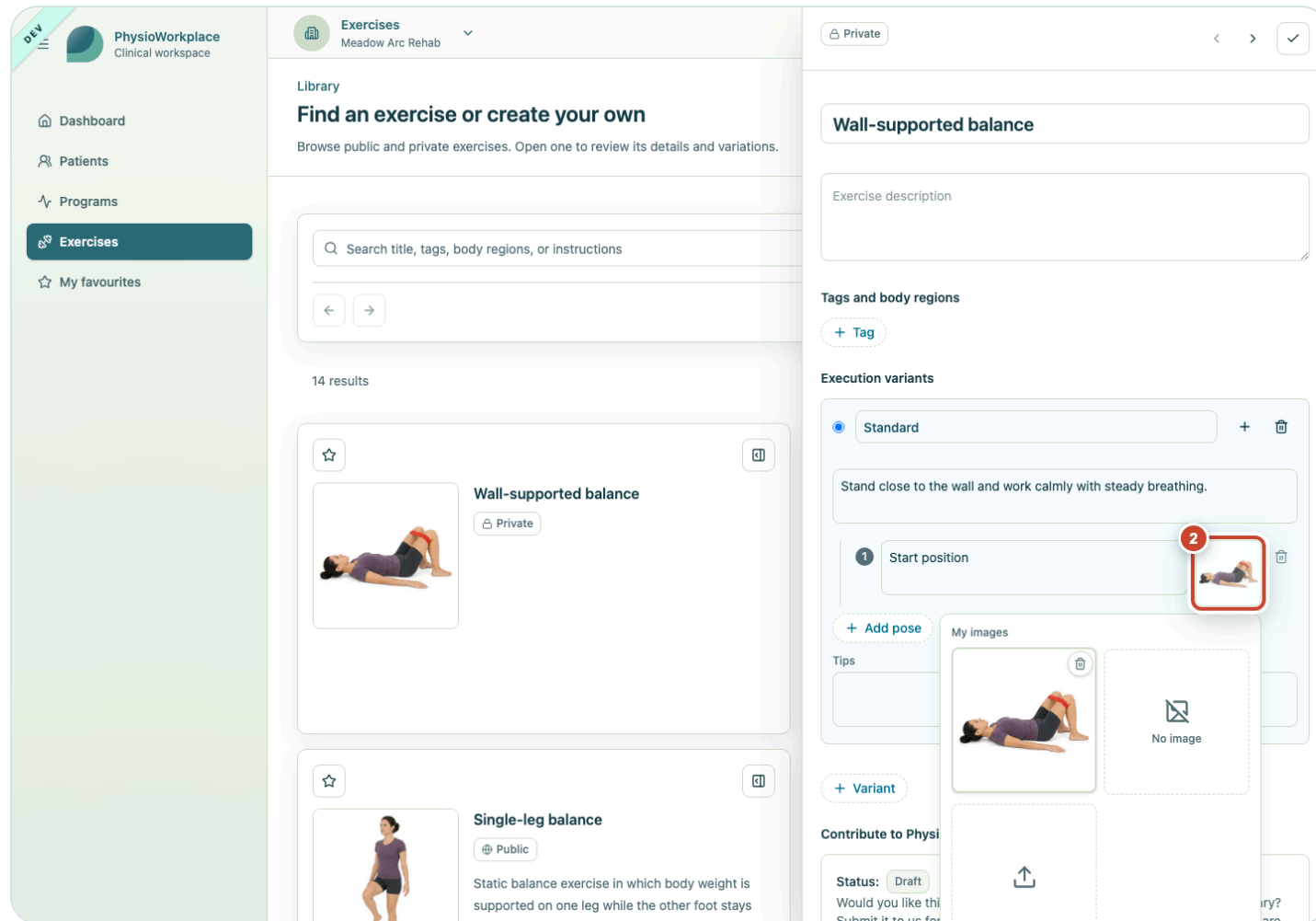
**Complete when:** The exercise execution and images are shown.

2

## Select the first pose image

**Where you are:** The first pose has been added to the execution.

**What to do:** Open the image picker and select the image for pose 1.



**Complete when:** The image appears beside the first pose.

3

## Select the second pose image

**Where you are:** The execution now contains two poses.

**What to do:** Open the image picker for pose 2 and select a different image.

The screenshot displays the PhysioWorkplace Clinical workspace interface. On the left is a sidebar with navigation links: Dashboard, Patients, Programs, Exercises (highlighted), and My favourites. The main content area is titled 'Exercises' and 'Meadow Arc Rehab'. It shows a search bar and 14 results. Two exercise cards are visible: 'Wall-supported balance' (Private) and 'Single-leg balance' (Public). The 'Wall-supported balance' card is selected, showing its details on the right. The details include the exercise title, a description field, tags, and execution variants. The 'Execution variants' section shows a 'Standard' variant with instructions: 'Stand close to the wall and work calmly with steady breathing.' It lists two poses: '1 Start position' and '2 End position'. The 'End position' pose has a red box around its image icon, with a red circle containing the number '3' next to it, indicating the step to select a new image. Below the variants, there is a 'My images' section with a thumbnail of the exercise and a 'No image' placeholder. At the bottom, there are buttons for '+ Add pose', '+ Variant', and 'Contribute to Physi'.

**Complete when:** Each pose shows its own selected image.

4

## Change one pose image

**Where you are:** Both poses have their own image.

**What to do:** Open the image picker for pose 1 and upload a replacement image.

The screenshot displays the PhysioWorkplace Clinical workspace interface. On the left is a sidebar with navigation links: Dashboard, Patients, Programs, Exercises (highlighted), and My favourites. The main content area is titled 'Exercises' and 'Meadow Arc Rehab'. It shows a search bar and 14 results. Two exercise cards are visible: 'Wall-supported balance' (Private) and 'Single-leg balance' (Public). The 'Wall-supported balance' card is selected, showing its details on the right. The details include the exercise name, a description field, tags, and execution variants. The 'Standard' variant is selected, showing instructions: 'Stand close to the wall and work calmly with steady breathing.' Below the instructions are two pose steps: '1 Start position' and '2 End position'. The 'Start position' step has a red circle with the number 4, indicating the image to be changed. A 'My images' section shows two image thumbnails for the 'Start position' pose. Below the images are buttons for '+ Add pose', '+ Variant', and 'Contribute to Physi'. There are also icons for 'No image' and 'Upload'.

**Complete when:** Only the image for pose 1 changes.